

**Employer: St. John's Rowing Club (SJRC)**

**Position: Head Coach**

**Location:** St. John's, NL

**Anticipated Start Date:** May 1, 2023

**End Date:** September 2, 2023 (with possibility of extension\*)

**Position type:**

- Full-time work (30+ hrs/week) between May 1 and Sept. 2, 2023.
- We anticipate the position to be covered by a Canada Summer Jobs contract which would entail a minimum of 8 full-time weeks (30 hrs/week). \*Part-time contract extension into the fall and winter contingent upon club funding availability.
- Daytime, evening, and weekend hours required.

**Remuneration:** \$16.00/hr

The successful candidate will be required to meet the Rowing Canada Every Coach Certified and Safe Sport requirements prior to the start of their contract:

- Obtain a Criminal Record Check and Vulnerable Sector Screen
- NCCP Coach Initiation in Sport eLearning
- RCA Rowing Essentials eLearning
- Make Ethical Decisions (MED) Module/Online Evaluation
- CAC Safe Sport Training eLearning

SJRC will support candidates to receive these certifications prior to the start of the contract. Exception: Criminal Record Check and Vulnerable Sector Screen would be at the successful candidate's expense.

**Position Overview:**

The Head Coach is responsible for providing day-to-day training and supervision of SJRC rowing program participants, and mentoring of assistant coaching staff. Our goal is to recruit, develop and produce a community of active-for-life and competitive rowers, the latter of whom compete and succeed at local, regional, and national regattas. The Head Coach reports and takes direction from the SJRC Program Coordinator and the SJRC Board of Directors. The Head Coach is responsible for overseeing, leading, and enhancing the club's rowing programs.

**Qualifications:**

Essential:

- Knowledge and/or experience and strong interest in developing rowing training programs for all skill levels
- Experience working with athletes of a variety of ages and skill level, including new members, juniors and adults
- Demonstrated ability to communicate and work with Program Coordinator and Club Board
- Strong communication, leadership, interpersonal, organisational and motivational skills

- Must be between the ages of 15-30 at the time that they start the position

#### Additional Assets:

- RCA Learn to Row Coach trained or certified
- RCA Coach trained or certified
- Three or more years of coaching experience related to slide-seat rowing
- In depth knowledge of developing rowing training programs
- Experience in mentoring coaches and volunteers
- Rowing shell rigging and maintenance skills
- Experience with inventory management
- Current First Aid and CPR certification
- Boater's License/Pleasure Craft Operator Card

Working with the coaching team and Board of Directors, the Head Coach is responsible for:

#### **Programs and Development**

- Manage and ensure the proper delivery of all SJRC programs for the on-water season (early May to end of August, with possibility of extension for the Fall season)
- Provide athletic coaching instruction and technique guidance for all program participants
- Design and/or assist with the design of training programs for all programs, ensuring that the goals and objectives of the programs are reflected, and participants abilities are considered
- Ensure that training plans include land-based activities and/or drills that can be followed for days when scheduled on-water training is not possible
- Meet with the SJRC Program Coordinator on a regular basis to discuss program outcomes, challenges, and opportunities for improvement
- Work with designated Board members to help plan, promote and organise Club regattas and trips

#### **Leadership amongst SJRC Coaches**

- Provide leadership and act as a mentor to Assistant Coaches
- Meet with Program Coordinator and Assistant Coaches on a regular basis to provide and receive feedback and look for opportunities to improve SJRC's programs
- Be an advocate for safety by ensuring that safety policies are followed and enforced and hold Assistant Coaches and athletes accountable for doing so
- Participate in coach development training and workshops offered by Rowing Canada and/or the SJRC in order to grow as a coach in the sport of rowing
- Build relationships with program participants of all ages by showing strong leadership, compassion, empathy, and understanding
- Contribute to creating an inclusive and positive environment at the SJRC

#### **Management of the Boathouse and Equipment**

- Ensure the club's safety and equipment policies are followed by all Coaches, Volunteers and Members. Inform Safety Director of any safety concerns or breaches
- Where possible; fix, repair or oversee the repair of broken or damaged equipment. Ensure any non-readily repaired, broken or damaged equipment is brought to the attention of the Program Coordinator
- Work with the Program Coordinator and Safety Director to ensure that the Club is organized, tidy and all boats and other equipment (PFDs, lights, cox boxes, etc.) are stored correctly and properly maintained (e.g., gas cylinders are replaced as needed, batteries/lights replaced, etc.) and assign tasks as required
- Use discretion and follow club policy to determine safe rowing conditions including but not limited to the policy on lake traffic conditions

### **Reporting Relationships:**

The Head Coach will report to the Program Coordinator and through them to the SJRC Board of Directors. The Head Coach works closely with the Program Coordinator, other staff members and the Board of Directors HR Committee in accordance with policies determined by the Board of Directors.

### **The St. John's Rowing Club**

Since 1986, SJRC has offered slide-seating rowing programs on Quidi Vidi lake. SJRC is a member organization of Rowing Canada with a commitment to raise awareness of slide-seat rowing and to create opportunities for athlete development in the sport of rowing. In addition to recreational programs, SJRC partners with the provincial slide-seat rowing organization, Rowing Newfoundland, to help prepare athletes for competitive rowing regattas in Canada and beyond.

SJRC is dedicated to quality programming for athletes and their families, to offering an inclusive and safe sport environment, and support for youth employees as developing fitness leaders in the St. John's community.

SJRC: <https://sjrc.ca/>

SJRC: <https://www.facebook.com/stjohnsrowingclub/>

Rowing NL: <https://sportnl.ca/member-sports/rowing-newfoundland-and-labrador/>

Rowing Canada: <https://rowingcanada.org/>