

Employer: St. John's Rowing Club (SJRC)

Position: Rowing Coach (3-5 Positions)

Location: St. John's, NL

Anticipated Start Date: May 1, 2024

End Date: August 31, 2024 (with the possibility of extension*)

Position type:

- May and June - part-time (<30 hrs/week)
- 6-8 full-time weeks (30+ hrs/week) in July and August
- *Part-time contract extension into the fall and winter contingent upon club funding availability.
- Wages to be covered by Canada Summer Jobs (aged 15-30) and NL Gov youth employment contracts (high school or post-secondary students).
- Daytime, evenings, and weekend hours are required.

Remuneration: \$16.60-17.50/hr depending on experience

The successful candidate will be required to meet the Rowing Canada Every Coach Certified and Safe Sport requirements prior to the start of their contract:

- Obtain a Criminal Record Check and Vulnerable Sector Screen
- NCCP Coach Initiation in Sport eLearning
- RCA Rowing Essentials eLearning
- Make Ethical Decisions (MED) Module/Online Evaluation
- CAC Safe Sport Training eLearning

SJRC will support candidates to receive these certifications prior to the start of the contract. Exception: Criminal Record Check and Vulnerable Sector Screen would be at the successful candidate's expense.

Position Overview:

The Rowing Coach is responsible for the day-to-day coaching and implementation of program initiatives as directed by the SJRC Program Coordinator and ensures that they are carried out in a manner consistent with SJRC club policies established by the Board of Directors. Working as a team of coaches, the Rowing Coach will coordinate and supervise a team of rowing athletes to deliver quality programming for SJRC rowing participants.

Qualifications:

Essential:

- Strong communication, leadership, interpersonal, organizational and motivational skills
- Previous experience in coaching or participating in slide-seat rowing or other sports activities
- Understanding of the developmental and recreational needs of youth
- Comfortable leading adult participants with varying levels of physical fitness
- Ability to supervise participants in a variety of environments including aquatic

- Ability to do some heavy lifting (<50lbs), climbing, and carrying as required in the performance of a job

Additional Assets:

- Training and/or certification in the NCCP/Rowing Canada coach pathway
- Demonstrated leadership experience and/or previous athletic coaching experience
- Rowing shell rigging and maintenance skills
- Experience with operation of small motorised boats
- Current First Aid and CPR certification
- Boater's License/Pleasure Craft Operator Card

Position Overview:

- Responsible for assisting with day-to-day boathouse activities (i.e. athlete training, keeping boathouse tidy, assisting with inventory tracking, etc.)
- Confidently instruct new and experienced rowers on-land and on-water using a combination of provided curriculum and personal experience
- Assist with coordination and supervision of program practices including providing technical feedback and ensuring safe practices are being followed by rowers
- May be assigned to coach competitive, recreational, learn to row programs and/or special events depending on club needs and coach preferences/availability.
- Safely operate motor boat in accordance with Transport Canada regulations
- Oversee proper care of equipment including rowing boats, oars, coach boats, training equipment, docks, boat racks, etc.
- Ensure that safety resources are well stocked, good working order and appropriately accessible (i.e. coach safety kits, boat lights, etc).
- Assist with logistical planning for local and out-of-province regattas
- Assist with the development of training and practice plans that are stored in SJRC shared drives
- Participate in coach mentorship, either as a mentor or mentee, by sharing knowledge and being open to learning from others
- Participate in coach development training and workshops offered by Rowing Canada and/or the St. John's Rowing Club in order to grow as a coach in the sport of rowing
- Build relationships with program participants of all ages by showing strong leadership, compassion, empathy, and understanding
- Contribute to creating an inclusive and positive environment at the St. John's Rowing Club
- Participate in regular, two-way performance feedback sessions with leadership

Reporting Relationships:

The Rowing Coach will report to the Program Coordinator and through them to the SJRC Board of Directors. The Rowing Coach works closely with the Program Coordinator, other staff members and the Board of Directors HR Committee in accordance with policies determined by the Board of Directors.

The St. John's Rowing Club

Since 1986, SJRC has offered slide-seating rowing programs on Quidi Vidi lake. SJRC is a member organization of Rowing Canada with a commitment to raise awareness of slide-seat rowing and to create opportunities for athlete development in the sport of rowing. In addition to recreational programs, SJRC partners with the provincial slide-seat rowing organization, Rowing Newfoundland, to help prepare athletes for competitive rowing regattas in Canada and beyond.

SJRC is dedicated to quality programming for athletes and their families, to offering an inclusive and safe sport environment, and support for youth employees as developing fitness leaders in the St. John's community.

SJRC: <https://sjrc.ca/>

SJRC: <https://www.facebook.com/stjohnsrowingclub/>

Rowing NL: <https://sportnl.ca/member-sports/rowing-newfoundland-and-labrador/>

Rowing Canada: <https://rowingcanada.org/>