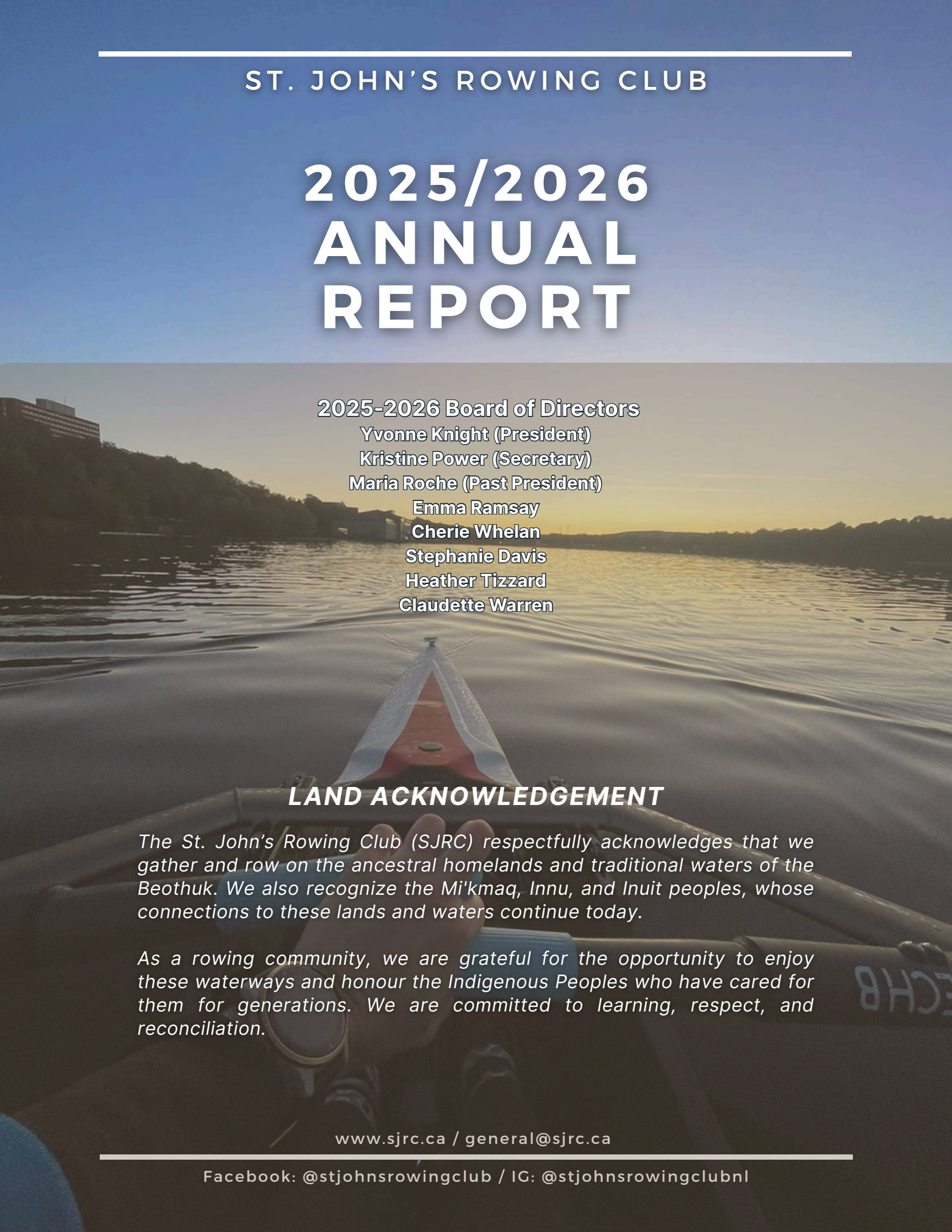
ST. JOHN'S ROWING CLUB

2025/2026 ANNUAL REPORT



2025-2026 Board of Directors

Yvonne Knight (President)
Kristine Power (Secretary)
Maria Roche (Past President)
Emma Ramsay
Cherie Whelan
Stephanie Davis
Heather Tizzard
Claudette Warren

LAND ACKNOWLEDGEMENT

The St. John's Rowing Club (SJRC) respectfully acknowledges that we gather and row on the ancestral homelands and traditional waters of the Beothuk. We also recognize the Mi'kmaq, Innu, and Inuit peoples, whose connections to these lands and waters continue today.

As a rowing community, we are grateful for the opportunity to enjoy these waterways and honour the Indigenous Peoples who have cared for them for generations. We are committed to learning, respect, and reconciliation.

www.sjrc.ca / general@sjrc.ca

Facebook: @stjohnsrowingclub / IG: @stjohnsrowingclubnl

ST. JOHN'S ROWING CLUB

LETTER FROM THE BOARD OF DIRECTORS

On behalf of the Board of Directors, we would like to extend our sincere appreciation to all members, volunteers, coaches, athletes, and supporters of the Rowing Club for your continued dedication and commitment to our organization.

Over the past year, our Club has continued to grow and thrive thanks to the enthusiasm and hard work of our rowing community. Whether participating in training sessions, competitions, volunteer activities, or Club events, each member has contributed to the success and positive spirit of our organization.

The Board remains committed to supporting the development of rowing opportunities for athletes of all ages and skill levels while maintaining a safe, inclusive, and welcoming environment. We continue to focus on strengthening our programs, enhancing our facilities and equipment, and ensuring the long-term sustainability of the Club.

We are proud of the accomplishments achieved throughout the 2025/2026 season and grateful for the many individuals who dedicate their time and expertise to helping our Club succeed. Your support enables us to foster athletic excellence, personal growth, teamwork, and a strong sense of community.

As we look ahead, we are excited about the opportunities and challenges that await us. We encourage all members to remain engaged, share their ideas, and participate in Club activities as we work together to build an even stronger future for our rowing community.

Thank you for your continued support and commitment to our Club. We look forward to another successful season on and off the water.

ST. JOHN'S ROWING CLUB

In 2026, the St. John's Rowing Club celebrates its 40th anniversary, marking four decades of excellence in rowing, athlete and coach development, volunteerism, and community leadership. Since its founding in 1986, the SJRC has made an enduring contribution to the sport of rowing and to the continued success, competitiveness, and prestige of the Royal St. John's Regatta.

The origins of slide seat rowing in Newfoundland and Labrador can be traced back to 1966 when Jack Reardrigan became interested in introducing the sport to the province. He consulted Gerry Angel, then President of the Royal St. John's Regatta Committee, regarding the possibility of bringing slide seat rowing to Newfoundland and Labrador. With much opposition, Gerry sent Reardrigan to Wyandotte, Detroit, to purchase the first coxed four slide seat shell. This shell was later used to train a crew to compete for team Newfoundland and Labrador in the inaugural Canada Summer Games in Halifax, planting the seeds for what would become a thriving slide seat rowing community.

In its early days, the SJRC was led by individuals such as Val Parrott, Adrian Miller, and Chris Morrissey, who set the framework for the success of the slide seat community in Newfoundland and Labrador.

One of the SJRC's most significant contributions has been the pathway it has created for athletes to pursue rowing at the Canada Games, university, national, international, and Olympic levels. The SJRC has opened doors for talented athletes to grow beyond Quidi Vidi lake and pursue rowing at the highest levels of the sport.

FINANCIAL SUMMARY

INCOME SOURCES

Program registrations	45, 217
Erg room rentals	3794
Grant income	27, 970
Donations	44
Unapplied income adjustment	1510
TOTAL	**78, 535**

MAJOR EXPENSES

Payroll	25, 242
Rent	16, 011
Insurance	4532
Affiliation fees	4123
Administration	2634
Travel	1000
Coach Training	261
Advertising	768
Boathouse expenses	2884
Accounting / banking fees	1182
Boat maintenance / repair	2000
TOTAL	**60, 637**
NET PROFIT for 2025 - 2026	***17, 898**
(10,000 grant money for shed construction)	
CASH BALANCE (as of March 31, 2026)	**$39,989**

GRANT SUMMARY

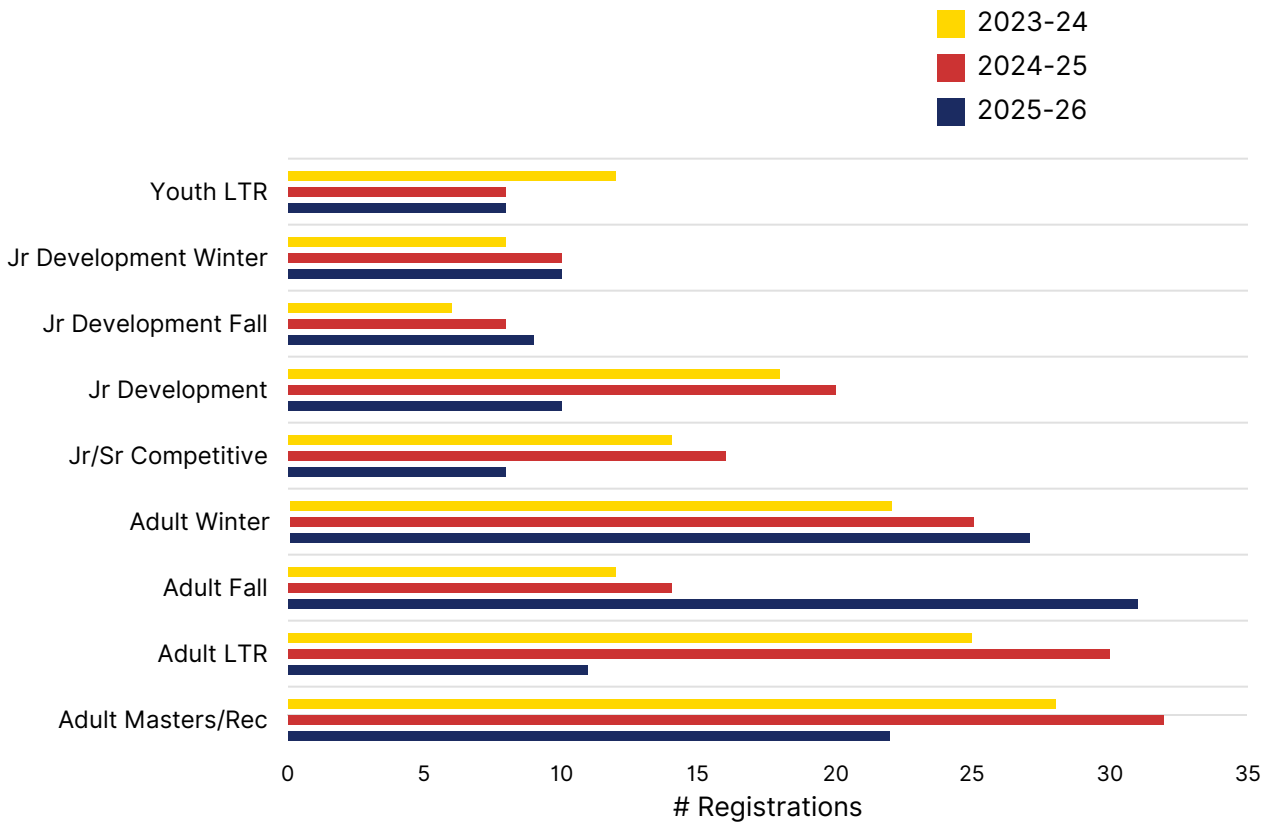
- **Employment Grants - Government of NL and Canada Summer Jobs**
- **Opertaional Grants - City of St. John's**

CLUB PROGRAMS

The 2025/2026 season saw consistent enrollment in the majority of programs offered; and there was an increase in Junior Athlete enrolment over the past three seasons. SJRC continues its focus on long-term athlete development through increasing awareness of the sport and with vital collaboration with RNL. In addition to the Youth Learn to Row Program, community engagement has increased via NL Schools integration as part of the physical education curriculum.

The partnership with local gym, REPS Fitness and Conditioning, continues to increase adult participation over the off-water (winter) season, providing an indoor erg room exclusive to SJRC members and now many from the fixed-seat rowing community.

New to the off-water season, RSJR Fixed Seat crews were given the opportunity to schedule erg studio times on a monthly-basis starting in December. A total of 9 fixed seat crews availed of this option.





CLUB EVENTS & HIGHLIGHTS



April 2025

Boathouse opens and on-water season begins
Canada Games buoyed course install

Ice Melt Indoor Regatta, in collaboration with RSJRC, hosted at Islander Athletics



May 2025

Launch of on-water programming
Hudson SHARK migration tour visits SJRC

June 2025

Rowing Canada National Come & Try It Day (June 8)

July 2025

Learn to Row programs begin (Adult and Youth)
Canada Summer Games Canoe/Kayak event hosted on Quidi Vidi Lake

2024 SJRC AGM at the RSJRC Boathouse Museum

August 2025

Fall programming begins
SJRC programming break to accommodate Canada Games Canoe-Kayak on Quidi Vidi

October 2025

SJRC hosts a club fun regatta on the 1km buoyed course
Boathouse closing

November 2025

Winter training begins at REPS



January 2026

SJRC visit to St. John Bosco School

February 2026

National Indoor Rowing Day

March 2026

SJRC is a partner with Healthcare Foundation Row 4 Heart

STRATEGIC PLAN 2022-2027

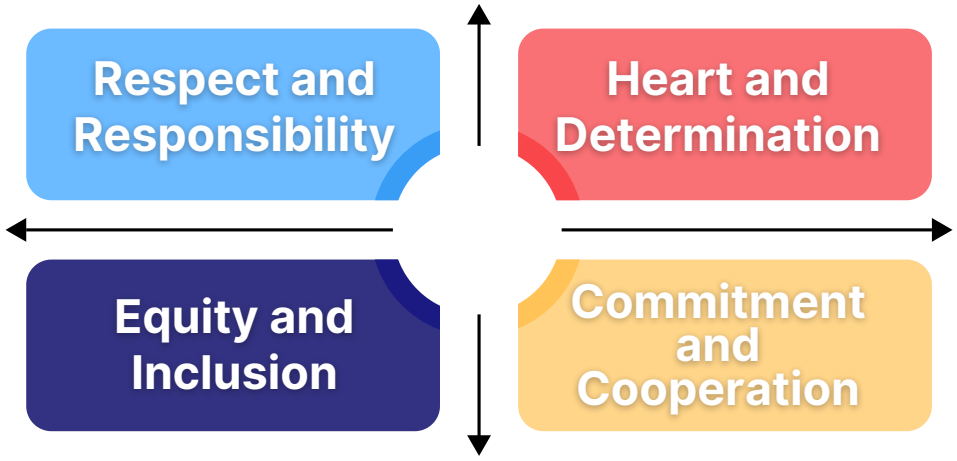
Our Vision:

To build and sustain a slide-seat rowing community of inclusivity, opportunity, and personal excellence through a shared love of the sport.

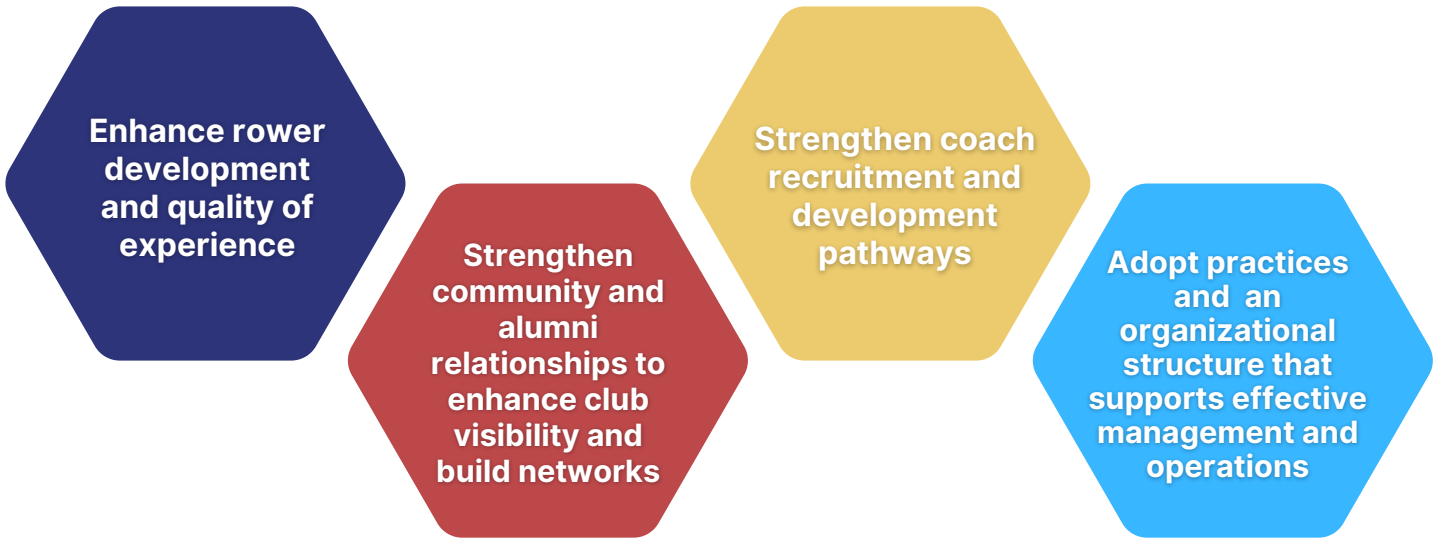
Our Mission:

The St. John's Rowing Club provides all levels of athletes, coaches, and volunteers to learn, adapt, and strive for improvement through the sport of slide-seat rowing.

Our Values:



Our Goals:



THANK YOU SJRC SPONSORS

Year of Sport NEWFOUNDLAND & LABRADOR 2025

ROWING CANADA AVIRON

REPS FITNESS+CONDITIONING

ROWING NEWFOUNDLAND

Newfoundland & Labrador

ST. JOHN'S

ROYAL ST. JOHN'S REGATTA Est. 1818

sportNL

SPORT CANADA

Government of Canada / Gouvernement du Canada

CONTACT INFO

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Photo Acknowledgements

Cover Photo: Land Acknowledgment: Single Scull on Quidi Vidi Lake
Photo 1: Weekend Row, Quad Rowers unknown
Photo 2: Morning Fog Dockside, Boathouse Opening for On-water Season
Photo 3: Coach Boat in Action, Emma Ramsay, SJRC Coach
Photo 4: Coxed 8+ sweep, rowers unknown
Photo 5: Ice-Erg Melt SJRC Members, Tess, Ann and Monica
Photo 6: SJRC Fall Friendly Regatta on new bouyed course
Photo 7: SJRC Erg Studio (inside REPS)
Photo 8: SJRC School visit to St. John's Bosco
Photo 9: Coach Boat Crew, Furey Stone, Ella Mate, Lily Byrne
Photo 10: Dockside doubles prep for launch, Power Family



